

Kinesiology Major w/Concentration in Exercise Science

Bachelor of Science - As of Fall 2017

Name: _____

S.S.#: _____

I.D.#: _____

Date of First Enrollment: _____

Major Requirements: 50-56 semester hours

AQUINAS REQUIREMENTS

_____	BY 150 - Human Biology (or equivalent)	4.0
_____	KN 158 Health Education-First Aid	3.0
_____	KN 159 Introduction to Kinesiology	3.0
_____	KN 250 Physiology of Exercise	4.0
_____	KN 251 Nutrition for Sports Performance	3.0
_____	KN 256 Kinesiology	4.0
_____	KN 350 Medical Aspects of Athletics	3.0
_____	KN 362 Administration of Sport and Rec. OR	3.0
_____	KN 367 Admin. & Psychosocial Aspects	
_____	KN 364 Human Growth and Development	3.0
_____	KN 404 Conditioning I	2.0
_____	KN 452 Physical Activities of Special Pop.	3.0
_____	BS 200 Fundamentals of Organization	3.0
_____	BS 310 Enterpren. and Small Bus. Mgmt.	3.0
_____	KN 397 Internship (6-12 credits)	var.
_____	Competency area completed	5.0

TRANSFER REQUIREMENTS

_____	BIOL 105
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	PHED 110 AND PHED 103
_____	_____
_____	_____
_____	BUSN 135
_____	MGMT 235
_____	_____
_____	_____

Select a minimum of one (1) competency area from the following:

Group Fitness

_____	KN 281 - Aerobics	1
_____	KN 361 - Group Exercise Leadership	2
_____	KN 405 - Conditioning II: Designing Progs.	2

Strength and Conditioning

_____	KN 257 - Therapeutic Exercise	2
_____	KN 280 - Weight Training	1
_____	KN 405 - Conditioning II: Designing Progs.	2

Please Note: Aquinas College reserves the right to change, modify, or amend the above-stated requirements and/or courses in its sole discretion and without prior notice.